



Resources from the bush

Complete the table below using the [Aboriginal and Torres Strait Islander Plant use in South Eastern Australia](#) and [Aboriginal and Torres Strait Islander Plant use and technology resources](#) from the Australian National Botanic Gardens. You can also use the Aboriginal and Torres Strait Islander Food and Fibre Plant List and your own research. You can do a record search using the Scientific Name in the [Atlas of Living Australia](#) for where this plant naturally grows.

PLANT NAME: <i>(Common Name, plant name in local Indigenous Language & Scientific Name)</i>	HOW CAN THE PLANT BE USED? WHICH PARTS ARE USED?	PARTS OF AUSTRALIA WHERE THIS PLANT NATURALLY GROWS	GROWING CONDITIONS	SUITABILITY TO GROW IN YOUR GARDEN





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Aboriginal and Torres Strait Islander food and fibre plant list

The list below includes a few of the many plants that you may find used as part of modern recipes. Try and find out some of the plants used by First Nations Peoples near where you live.

When completing this list:

- write about the food and fibre use
- include the climate zone.

Climate zone

The climate zone will help to determine if it is suitable for your location. This [climate zone map](#) from the Bureau of Meteorology provides an excellent summary. It uses the following major classifications Equatorial, Tropical, Subtropical, Desert, Grassland and Temperate.

Check plant growing conditions to determine if it can grow in your area.

PLANT NAME	FOOD	FIBRE	CLIMATE ZONE
<p>Aniseed Myrtle <i>Syzygium anisatum</i></p>			
<p>Beaded Samphire <i>Sarcocornia quinqueflora</i> <i>Salicornia australis</i></p>			
<p>Bunya Pine <i>Araucaria bidwillii</i> (previously <i>Pinus petriana</i>)</p>			





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PLANT NAME	FOOD	FIBRE	CLIMATE ZONE
Bush Tomato <i>Solanum centrale</i>			
Coastal Rosemary <i>Westringia fruticosa</i>			
Cumbungi <i>Typha spp.</i>			
Davidson Plum <i>Davidsonia jerseyana,</i> <i>Davidsonia pruniens</i>			
Finger Lime <i>Citrus australasica</i>			





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PLANT NAME	FOOD	FIBRE	CLIMATE ZONE
<p>Illawarra Plum <i>Podocarpus elatus</i></p>			
<p>Kakadu Plum <i>Terminalia ferdinandiana</i></p>			
<p>Kangaroo Grass <i>Themida triandra</i></p>			
<p>Karkalla Austral Sea-blite <i>Suaeda australis</i></p>			
<p>Lemon Myrtle <i>Backhousia citriodora</i></p>			





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PLANT NAME	FOOD	FIBRE	CLIMATE ZONE
<p>Macadamia <i>Macadamia tetraphylla</i> & <i>Macadamia M. integrifolia</i></p>			
<p>Round-leaf Mint-bush <i>Prostanthera rotundifolia</i></p>			
<p>Mountain Pepper <i>Tasmannia lanceolata</i></p>			
<p>Muntries <i>Kunzea pomifera</i></p>			
<p>Murnong/Yam Daisy <i>Microseris lanceolata</i>spp.</p>			





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PLANT NAME	FOOD	FIBRE	CLIMATE ZONE
<p>Native Lemon Grass <i>Cymbopogon ambiguous</i></p>			
<p>Native Sarsaparilla <i>Smilax glycyphylla</i></p>			
<p>Native Thyme/Cut-leaf Mint-bush <i>Prosanthera incisa</i></p>			
<p>Old Man Saltbush <i>Atriplex nummularia</i></p>			
<p>Pigface / Karkalla <i>Carpobrotus rossii</i></p>			





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PLANT NAME	FOOD	FIBRE	CLIMATE ZONE
<p>Prickly Currant bush <i>Caprosma Coprosma quadrifida</i></p>			
<p>Quandong <i>Santalum acuminatum</i></p>			
<p>Riberry or Lilly Pilly <i>Syzygium luehmannii, Syzygium S. paniculatum</i></p>			
<p>River Mint <i>Mentha australis</i></p>			
<p>Native Rosella <i>Hibiscus sabdariifolia, Hibiscus heterophyllus</i></p>			





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PLANT NAME	FOOD	FIBRE	CLIMATE ZONE
Ruby Saltbush <i>Enchylaena tomentosa</i>			
Sea Parsley <i>Apium prostratum</i>			
Spiny- Mat-rush <i>Lomandra longifolia</i>			
Warrigal Greens New Zealand Spinach <i>Tetragonia tetragonioides</i>			
Wattleseeds <i>Acacia</i> (over 120 varieties), <i>Acacia victoriae</i> (almost 1,000 species in Australia)			

