



PRETEND GARDEN CAFÉ – WHAT’S ON THE MENU?

Eliza and Beth are hanging out in Beth’s backyard while her mum and dad are digging out a new veggie patch. It is a sunny day and the girls decide to mix the unused soil with some water to make lovely, gooey mud.

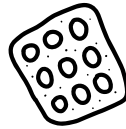


INSTRUCTIONS

PLEASE DO NOT EAT OR DRINK YOUR GARDEN CAFÉ INVENTIONS. **THEY ARE FOR PRETEND PLAY ONLY.**

1. Ask your parents/carers before you start this activity.
2. Follow the recipes to make mud pies and flower tea for your pretend garden café.
3. You can make up your own recipes using ingredients in your own garden. Alternative recipes could include grass soup and leaf sandwiches. Use the recipe template to write down your invented recipes.
4. Set up your pretend café – you will need somewhere to sit, some cups and plates.
5. Fill out the menu template with all the garden goodies you plan to serve.
6. Invite your friends and family to dine at your pretend garden café!

MUD PIE RECIPE



INGREDIENTS

Dirt or soil

Jug or bucket of water

Garden material such as grass clippings and flower petals

EQUIPMENT

Containers such as tupperware, small pans or muffin pans

Sticks, spoons or spades

Plates to serve mud pies



METHOD

Mix your dirt and water to make mud. You want a balanced mixture that is not too wet and not too dry

Fill your container with mud, pat it down and flip it out onto a plate

Decorate your mud pie with flowers, seed pods or leaves and serve (but please don't eat your mud pies)

FLOWER & HERB TEA RECIPE



INGREDIENTS

Mix of different flower petals and/or herbs

If no flowers are in bloom you can substitute with soft leaves

Jug or bucket of warm water

EQUIPMENT

Large jug

Mortar and pestle or bowl and spoon

Stirring spoon or stick

Cups to serve tea in

METHOD

Smash up your petals/herbs/soft leaves using your mortar and pestle (or bowl and spoon)

Mix with water

Pour into cups for pretend café play (please don't drink it)



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RECIPE



INGREDIENTS

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EQUIPMENT

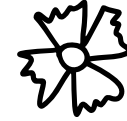
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METHOD

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GARDEN CAFÉ MENU



SERVING

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What are you going to call your garden café?

