



Sharing our harvest

Name







Every part of a food plant is important. How can you harvest and ensure you don't waste what you collect?

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.....
.....

What part of the plant have you harvested?

.....
.....

Write or draw below

fruit	leaf	root	stem	flower	seed
					





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What uses can you find for your plant parts to avoid waste?

<p>Eat</p> <p>What can you eat fresh from your harvest?</p>	
<p>Cook</p> <p>What recipe ideas can you think of for your plant?</p>	
<p>Share</p> <p>What initiatives can you implement to share your harvest more widely in the community?</p>	
<p>Reuse</p> <p>What ways can you think of to reuse what is left? (Save seeds, regrow from roots, compost, feed worm farms, mulch)</p>	
<p>Innovate</p> <p>What is your most exciting idea that you would like to work with?</p> <p>What steps will you take to begin?</p>	

